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## ‘COVID-19 - LESSONS & EMERGING STRATEGIES IN AYURVEDA’

An International Summit  
Sept. 25<sup>th</sup> -27<sup>th</sup>, 2020

- 25+ pre-recorded presentation videos
- 3 days of live interactive Panel Discussions on Sept. 25<sup>th</sup>, 26<sup>th</sup>, 27<sup>th</sup>
- Three days of the latest, ground-breaking and successful Ayurvedic treatment protocols, research, innovation and strategies for COVID 19
- 25+ Esteemed global speakers from different corners of India and USA, presenting NEVER BEFORE HEARD/SEEN WORK
- Video recordings of presentations which will be shared in advance, which you can listen to and save for repeat hearings at your convenience and comfort
- Live and Interactive Panel discussions on the actual days of the Summit
- A rich cross spectrum learning experience for all involved
- 15 NAMA PACE credits for US attendees



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Dr. Pooja Kohli  
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Dr. Pranita Joshi Deshmukh  
Organizing Member

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## OUR SPEAKERS

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DR. ARVIND CHOPRA



BALENDU PRAKASH



DR. RAMMANOHAR P



DR. AAKASH KEMBHAVI



RAMMOHAN RAO



PROF. DR. SHRINIWAS  
GUJJARWAR



DR. J. HAREENDRAN NAIR



DR. VIRENDER SODHI



DR. MALA KAPADIA



DR. DARSHAN MEHTA



KATHRYN TEMPLETON



PROF. RAMA JAYASUNDAR



DR. SHISHIR PRASAD



DR. L MAHADEVAN



DR. SARAT ADDANKI



RAJIV VASUDEVAN



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## OUR SPEAKERS

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DR. SAVITHRI SG



DR. GIRISH TILLU



DR. POOJA SABHARWAL



DR. SHUBHMANGALA ACHARYA  
(Protocol by – DR. HITESH JANI)



DR. SUPRIYA  
BHALERAO



DR. SUDIPT RATH



DR. ABHISHEK LULLA



DR. AKHILESH SHARMA



DR. ASIT PANJA



MEENAKSHI GUPTA



DR. YANBENI HUMTSOE



DR. JYOTI JOSHI



PRATIBHA BHATNAGAR

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# MODERATORS

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VAIDYA JYOTI SHIRODKAR



NAMYATA PATHAK



DR. SAMARTH RAO



MARC HALPERN

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# PROGRAM GUIDE

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**SEP 25<sup>th</sup>**

**PANEL 1: 10AM-12PM IST (India time)**

**Inauguration & GOH Address featuring:**

**Dr. Rajesh Kotecha**

**Dr. Bhushan Patwardhan**

**Dr. Krishna Kumar**

**Emerging Strategies for COVID-19 – PANEL**

**Moderator: Dr. Partap Chauhan**

**Dr. Rammanohar P**

**Rajiv Vasudevan**

**Vaidya Balendu Prakash**

**Dr. L. Mahadevan**

**PANEL 2: 1PM-3PM IST (India time)**

**Research Methodologies and Novel Solutions for COVID-19**

**Moderator: Dr. Jyoti Shirodkar**

**Dr. Aakash Kembhavi**

**Dr. Asit Panja**

**Dr. Arvind Chopra**

**Dr. Shubhamangala A**

**Dr. Shishir Prasad**

**Dr. Akhilesh Sharma**

**SEP 26<sup>th</sup>**

**PANEL 1: 10AM-12PM IST (India time)**

**Case Studies and Clinical Trials for COVID-19**

**Moderator: Dr. Asmita Wele**

**Dr. Abhishek Lulla**

**Dr. Yanbeni Humtsoe**

**Dr. Shriniwas Gujjarwar**

**Dr. Jyoti Joshi**

**Dr. J Hareendran Nair**

**Dr. Savithri Sambamurthy**

**PANEL 2: 1PM-3PM IST (India time)**

**Novel Insights and New Directions in COVID-19**

**Moderator: Dr. Samarth Rao**

**Dr. Sudipt Rath**

**Dr. Pooja Sabharwal**

**Dr. Supriya Bhalerao**

**Dr. Mala Kapadia**

**Dr. Girish Tillu**

**Prof. Rama Jayasundar**

**SEPT 27<sup>th</sup>**

**PANEL 1: 10AM- 12PM EST (US time)**

**CAM approaches for COVID-19**

**Moderator: Marc Halpern**

**Kathryn Templeton**

**Pratibha Bhatnagar**

**Vandana Baranwal**

**Meenakshi Gupta**

**Dr. Darshan Mehta**

**PANEL 2: 1PM-3PM EST (US time)**

**Potential CAM solutions for COVID-19 in the West**

**Moderator: Namyata Pathak**

**Ismat Nathani**

**Dr. Virender Sodhi**

**Rammohan Rao**

**Anupama Kizhakkeveetil**

**Dr. Sarat Addanki (Ayu.)**

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## SPEAKERS AND VIDEO PRESENTATION TITLES

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Dr. Abhishek Lulla	Use of Rajat and Swarna Bhasma in COVID-19 - Case Studies
Dr. Aakash Kembhavi	Proposed Research Strategies in Ayurveda for Covid-19
Dr. Akhilesh Sharma	Covid-19 - An Ayurvedic Prevention Model - Case Studies
Dr. Arvind Chopra	Ongoing AYUSH CSIR Ayurveda Drug Trials in COVID-19 - a Report
Dr. Asit Panja	Meta-analysis of Symptomatology of COVID-19 from Ayurveda perspective
Dr. Darshan Mehta	Current Understandings of COVID-19 – Where are the Gaps?
Dr. Girish Tillu	A critical review of recent scientific publications on Ayurveda in COVID-19
Dr. J. Hareendran Nair	Safety and Efficacy in Covid19: Report on a randomized single blind placebo controlled multicenter clinical trial
Dr. Jyoti Joshi	Recovery of severe COVID 19 patient on oxygen support with Ayurvedic treatment - A Case Report
Dr. L. Mahadevan	Ayurveda treatment of COVID-19, Case Studies and a Pilot Trial
Dr. Mala Kapadia	Case study of an Ayurvedic COVID19 Center - 900+ successful treatments, zero fatalities
Meenakshi Gupta	Recovery profile of non-severe COVID19 patients with Ayurveda - Case Studies
Dr. Pooja Sabharwal	Integrating bioinformatics and epigenetics with Ayurveda for COVID-19
Dr. Pratibha Bhatnagar	COVID-19 Awareness Survey Report (India) and COVID overview for Ayurveda (USA)
Dr. Rammanohar P	Care or Cure: The Challenges in Reporting Treatment Outcomes with Ayurvedic Interventions in COVID-19



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## SPEAKERS AND VIDEO PRESENTATION TITLES

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Dr. Sarat Addanki	Field trial of 10,000 COVID-19 Ayurveda Immunity kits – a detailed Report with data
Dr. Savithri Sambamurthy	Observations with Ayurveda's 'Host based approach' in diagnosis, prevention and treatment of COVID patients (with case studies)
Dr. Shishir Prasad	Marma Therapy for Stress Management during Covid 19 Pandemic times
Dr. Shriniwas Gujjarwar	COVID-19 Treatment and Management with Ayurveda - Case Studies
Dr. Shubhamangala A (Protocol by – Dr. Hitesh Jani)	Large field trials of an innovative single herb protocol for prevention of COVID-19
Dr. Sudipt Rath	COVID-19: Lessons for Strategic Shift in Healthcare
Dr. Supriya Bhalerao	COVID-19 AYUSH trials registered on Clinical Trials Registry - a Critical Review
Dr. Virender Sodhi	Ayurveda, Naturopathy and Functional Medicine for COVID 19 - Case Studies
Dr. Yanbeni Humtsoe	Complete Care and Treatment of Pregnant Women with Ayurveda during Covid 19 pandemic-Case Studies
Kathryn Templeton	Integrative Medical Response to the Trauma of the Quarantine-Ayurveda, Yoga Therapy and Western Psychology
Prof. Rama Jayasundar	Can Ayurveda be leveraged for COVID-19 - a critical cross-sectional analysis
Rajiv Vasudevan	Precision Ayurveda considerations in the context of COVID-19 chikitsa
Rammohan Rao	Drawing parallels between COVID-19 infection and Type-3 Alzheimer's disease
Vaidya Balendu Prakash	Case reports of COVID 19 positive cases treated successfully with novel Rasa compounds (mineral medicines)

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